# An Introduction to Hierarchical Linear Modeling Figures 6, 8, 10 and 12 magnified

Heather Woltman, Andrea Feldstain, J. Christine MacKay, Meredith Rocchi University of Ottawa

This tutorial aims to introduce Hierarchical Linear Modeling (HLM). A simple explanation of HLM is provided that describes when to use this statistical technique and identifies key factors to consider before conducting this analysis. The first section of the tutorial defines HLM, clarifies its purpose, and states its advantages. The second section explains the mathematical theory, equations, and conditions underlying HLM. HLM hypothesis testing is performed in the third section. Finally, the fourth section provides a practical example of running HLM, with which readers can follow along. Throughout this tutorial, emphasis is placed on providing a straightforward overview of the basic principles of HLM.

## Specifications for this HLM2 run

Problem Title: no title

The data source for this run = m.test The command file for this run = C:\DOCUME~1\hlm2.html Output file name = C:\Documents and Settings\hlm2.html The maximum number of level-1 units = 300 The maximum number of level-2 units = 30 The maximum number of iterations = 100

Method of estimation: restricted maximum likelihood

The outcome variable is LIFE\_SAT

Summary of the model specified

Level-1 Model

 $LIFE\_SAT_{ii} = \beta_{0i} + r_{ii}$ 

Level-2 Model

 $\beta_{0j} = \gamma_{00} + u_{0j}$ 

Mixed Model

 $LIFE\_SAT_{ij} = \gamma_{00} + u_{0j} + r_{ij}$ 

*Figure 6 (part 1).* HLM output tables – Unconstrained (null) model. This represents a default output in HLM.

Iterations stopped due to small change in likelihood function

 $\sigma^2 = 14.60563$   $\tau$ INTRCPT1, $\beta_0$  14.95920

0.911

The value of the log-likelihood function at iteration 2 = -8.621511E+002

## Final estimation of fixed effects:

Fixed Effect	Coefficient	Standard error	t-ratio	Approx. d.f.	p-value
For INTRCPT1, $\beta_0$					
INTRCPT2, γ <sub>00</sub>	14.806670	0.739815	20.014	29	< 0.001

# Final estimation of fixed effects (with robust standard errors)

Fixed Effect	Coefficient	Standard error	t-ratio	Approx. d.f.	p-value
For INTRCPT1, $\beta_0$					
INTRCPT2, γ <sub>00</sub>	14.806670	0.727380	20.356	29	< 0.001

## Final estimation of variance components

Random Effect	Standard Deviation	Variance Component	d.f.	$\chi^2$	p-value
INTRCPT1, u <sub>0</sub>	3.86771	14.95920	29	326.02031	< 0.001
level-1, r	3.82173	14.60563			

## Statistics for current covariance components model

Deviance = 1724.302126 Number of estimated parameters = 2

*Figure 6 (part 2).* HLM output tables – Unconstrained (null) model. This represents a default output in HLM.

# Specifications for this HLM2 run

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Method of estimation: restricted maximum likelihood

The outcome variable is LIFE\_SAT

Summary of the model specified

Level-1 Model

 $LIFE\_SAT_{ij} = \beta_{0j} + \beta_{1j} * (SHOTS\_ON_{ij}) + r_{ij}$ 

Level-2 Model

$$\begin{split} \beta_{0j} &= \gamma_{00} + u_{0j} \\ \beta_{1j} &= \gamma_{10} + u_{1j} \end{split}$$

SHOTS\_ON has been centered around the group mean.

Mixed Model

$$\begin{split} & \textit{LIFE\_SAT}_{ij} = \gamma_{00} \\ & + \gamma_{10} \texttt{*SHOTS\_ON}_{ij} + u_{0j} + u_{1j} \texttt{*SHOTS\_ON}_{ij} + r_{ij} \end{split}$$

Figure 8 (part 1). HLM output tables – Random intercepts model.

Iterations stopped due to small change in likelihood function

 $\sigma^2 = 4.60875$   $\tau$ INTRCPT1, $\beta_0$  15.95889 1.39404 SHOTS\_ON, $\beta_1$  1.39404 0.66499  $\tau$  (as correlations) INTRCPT1, $\beta_0$  1.000 0.428 SHOTS\_ON, $\beta_1$  0.428 1.000 Random level-1 coefficient Reliability estimate INTRCPT1, $\beta_0$  0.972 SHOTS\_ON, $\beta_1$  0.539

The value of the log-likelihood function at iteration 11 = -7.182666E+002

Final estimation of fixed effects:

Fixed Effect	Coefficient	Standard error	t-ratio	Approx. d.f.	p-value
For INTRCPT1, $\beta_0$					
INTRCPT2, γ <sub>00</sub>	14.806670	0.739822	20.014	29	<0.001
For SHOTS_ON sl	ope, $\beta_1$				
INTRCPT2, γ <sub>10</sub>	2.889137	0.202235	14.286	29	<0.001

Final estimation of fixed effects (with robust standard errors)

Fixed Effect	Coefficient	Standard error	t-ratio	Approx. d.f.	p-value
For INTRCPT1, $\beta_0$					
INTRCPT2, γ <sub>00</sub>	14.806670	0.727380	20.356	29	< 0.001
For SHOTS_ON slo	ope, $\beta_1$				
INTRCPT2, $\gamma_{10}$	2.889137	0.198575	14.549	29	< 0.001

#### Final estimation of variance components

Random Effect	Standard Deviation	Variance Component	d.f.	$\chi^2$	p-value
INTRCPT1, u <sub>0</sub>	3.99486	15.95889	29	1033.19332	< 0.001
SHOTS_ON slope, $u_j$	0.81547	0.66499	29	64.93933	< 0.001
level-1, r	2.14680	4.60875			

Statistics for current covariance components model

Deviance = 1436.533205

Number of estimated parameters = 4

Figure 8 (part 2). HLM output tables – Random intercepts model.

# Specifications for this HLM2 run

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Method of estimation: restricted maximum likelihood

The outcome variable is LIFE\_SAT

### Summary of the model specified

Level-1 Model

 $LIFE\_SAT_{ij} = \beta_{0j} + r_{ij}$ 

Level-2 Model

 $\beta_{0j} = \gamma_{00} + \gamma_{01} * (COACH_EX_j) + u_{0j}$ 

COACH\_EX has been centered around the grand mean.

**Mixed Model** 

 $LIFE\_SAT_{ij} = \gamma_{00} + \gamma_{01} * COACH\_EX_j + u_{0j} + r_{ij}$ 

*Figure 10 (part 1).* HLM output tables – Means as outcomes model.

Iterations stopped due to small change in likelihood function

 $\sigma^2 = 14.60563$ 

τ INTRCPT1,β<sub>0</sub> 1.67564

Random level-1 coefficient	Reliability estimate
INTRCPT1, $\beta_0$	0.534

The value of the log-likelihood function at iteration 2 = -8.384908E+002

### Final estimation of fixed effects:

Fixed Effect	Coefficient	Standard error	t-ratio	Approx. d.f.	p-value
For INTRCPT1, $\beta_0$					*
INTRCPT2, γ <sub>00</sub>	14.806670	0.323327	45.795	28	< 0.001
COACH_EX, $\gamma_{01}$	4.784303	0.429936	11.128	28	< 0.001

# Final estimation of fixed effects (with robust standard errors)

Fixed Effect	Coefficient	Standard error	t-ratio	Approx. d.f.	p-value
For INTRCPT1, $\beta_{\rho}$					
INTRCPT2, γ <sub>00</sub>	14.806670	0.312363	47.402	28	< 0.001
COACH_EX, you	4.784303	0.373833	12.798	28	< 0.001

### Final estimation of variance components

Random Effect	Standard Deviation	Variance Component	d.f.	χ²	p-value
INTRCPT1, u <sub>0</sub>	1.29447	1.67564	28	60.12326	< 0.001
level-1, r	3.82173	14.60563			

#### Statistics for current covariance components model

Deviance = 1676.981685 Number of estimated parameters = 2

Figure 10 (part 2). HLM output tables – Means as outcomes model.

# Specifications for this HLM2 run

Problem Title: no title

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Method of estimation: restricted maximum likelihood

The outcome variable is LIFE\_SAT

Summary of the model specified

#### Level-1 Model

$$LIFE\_SAT_{ij} = \beta_{0j} + \beta_{1j} * (SHOTS\_ON_{ij}) + r_{ij}$$

Level-2 Model

$$\begin{split} \beta_{0j} &= \gamma_{00} + \gamma_{01} * (COACH\_EX_j) + u_{0j} \\ \beta_{1j} &= \gamma_{10} + \gamma_{11} * (COACH\_EX_j) + u_{1j} \end{split}$$

SHOTS\_ON has been centered around the group mean. COACH\_EX has been centered around the grand mean.

Mixed Model

$$\begin{split} LIFE\_SAT_{ij} &= \gamma_{00} + \gamma_{01} * COACH\_EX_j \\ &+ \gamma_{10} * SHOTS\_ON_{ij} + \gamma_{11} * COACH\_EX_j * SHOTS\_ON_{ij} \\ &+ u_{0j} + u_{1j} * SHOTS\_ON_{ij} + r_{ij} \end{split}$$

*Figure 12 (part 1).* HLM output tables – Random intercepts and slopes model.

Iterations stopped due to small change in likelihood function

 $\sigma^2 = 4.60669$   $\tau$ INTRCPT1, $\beta_0$  2.67553 0.34947 SHOTS\_ON, $\beta_1$  0.34947 0.62695  $\tau$  (as correlations) INTRCPT1, $\beta_0$  1.000 0.270 SHOTS\_ON, $\beta_1$  0.270 1.000

Random level-1 coefficient	Reliability estimate
INTRCPT1, B	0.853
SHOTS_ON, $\beta_1$	0.525

The value of the log-likelihood function at iteration 16 = -6.940699E+002

### Final estimation of fixed effects:

Fixed Effect	Coefficient	Standard error	t-ratio	Approx. d.f.	p-value
For INTRCPT1, $\beta_{g}$					
INTRCPT2, y <sub>00</sub>	14.806670	0.323326	45.795	28	< 0.001
COACH_EX, you	4.784303	0.429935	11.128	28	< 0.001
For SHOTS_ON slop	pe, $\beta_j$				
INTRCPT2, 710	2.884745	0.199480	14.461	28	< 0.001
COACH_EX, $\gamma_{II}$	0.381153	0.269730	1.413	28	0.169

#### Final estimation of fixed effects (with robust standard errors)

Fixed Effect	Coefficient	Standard error	t-ratio	Approx. d.f.	p-value
For INTRCPT1, $\beta_0$					
INTRCPT2, γ <sub>00</sub>	14.806670	0.312363	47.402	28	< 0.001
COACH_EX, you	4.784303	0.373833	12.798	28	< 0.001
For SHOTS_ON slop	be, $\beta_1$				
INTRCPT2, γ <sub>10</sub>	2.884745	0.193475	14.910	28	< 0.001
COACH_EX, $\gamma_{II}$	0.381153	0.260682	1.462	28	0.155

#### Final estimation of variance components

Random Effect	Standard Deviation	Variance Component	d.f.	$\chi^2$	<i>p</i> -value
INTRCPT1, u	1.63571	2.67553	28	190.62228	< 0.001
SHOTS_ON slope, u	0.79180	0.62695	28	62.86446	< 0.001
level-1, r	2.14632	4.60669			

## Statistics for current covariance components model

Deviance = 1388.139702 Number of estimated parameters = 4

Figure 12 (part 2). HLM output tables – Random intercepts and slopes model.